## **Ephesians | "The Shield"**

**Reflection:** Before reflecting on this week's sermon, spend some time thinking about what God is doing in your life this week. What is he teaching you? What are you struggling with? What can we celebrate and how can we rejoice and worship God? What needs can we meet of people in our church or community? Who and where can we be serving? Who are you trying to reach and talk to about Jesus? Who have we been having gospel conversations with? Spend some time praying as we seek to reach our full potential in Christ and for our mission to make disciples.

**Text: Ephesians 6:16** 

**Sermon Recap/Reflection:** Take some time reflecting on the following questions:

- 1. What especially stood out today?
- 2. Why would God highlight that for me today? (Why did I need that?)
- 3. What does that imply for my life? (How should I do life differently based on what God is showing me?)

## **Questions:**

- 1. Do we have any stories of creepy things that have happened to us? How have we tried to explain them?
- 2. Have we ever been faced with a crisis of faith? Have we ever asked ourselves "did God really say that" had to choose to believe God or not?
- 3. What kinds of doubts do we face every day?
- 4. How easy is it for us to lift our doubts up to God, acknowledging that things are too big for us and we need God to step in to handle the problem?
- 5. What kinds of things do we know that we should do, but the enemy is working against us to keep us from being obedient to God and the blessings that he wants to give us?
- 6. What are some of the ways that God has already been faithful to us? How can we continually be reminded of his faithfulness?
- 7. What are some bible stories or verses that we can use to as shields in our life and that can serve as a reminder of God's faithfulness?
- 8. Is there anything God has called us to and we hesitated because it just seemed impossible? How can we move forward in situations like these in the future calling upon God for help when we seem help-less?